

February 2012

Healthy Lunch Menu

**Vegetarian Menu*

Monday

Mac n' Cheese
served with broccoli

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Tuesday

Cheese Quesadilla
served with beans and guacamole

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Wednesday

Homemade Vegetable Soup
served with whole wheat bread

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Thursday

Beef & Broccoli Stir Fry
served with rice
**Veggie Burger or Cheese Stick*

Friday

Mini Cheese Pizza
served with pineapple and ham on the side

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*Lunch is accompanied by milk and water.
The lunch menu is subject to change due to availability.*