

June 2010

Healthy Lunch Menu

* Vegetarian Menu

Monday

Fish Sticks
served with rice and baby carrots
* Cheese Stick

Tuesday

Beef and Broccoli served over noodles
* Broccoli served over noodles

Wednesday

Spaghetti with Meat Sauce
served with green salad and garlic bread
* Spaghetti with Tomato Sauce

Thursday

Chicken Chow Mien with Vegetables
* Vegetable Chow Mien

Friday

Mac n' Cheese
served with broccoli and applesauce
*



Lunch is accompanied by milk and water