

March 2010

Healthy Lunch Menu

* Vegetarian Menu

Monday

Chicken Nuggets
served with shell pasta and broccoli
* Veggie Nuggets

Tuesday

Beef Stew
served with rice and vegetables
* Vegetable Stew

Wednesday

Chicken Taquitos
served with salad and guacamole
* Cheese Stick

Thursday

Spaghetti and Beef Meatballs with Tomato Sauce
served with fruit
* Spaghetti with Tomato Sauce

Friday

Fish Sticks
served with rice and apple sauce

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Lunch is accompanied by milk & water