

NOVEMBER 2011

Healthy Lunch Menu

**Vegetarian Menu*

Monday

Mac n' Cheese
served with fresh fruit

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Tuesday

Homemade Chicken & Vegetable Soup
served with whole wheat bread

**Vegetable Soup*

Wednesday

Homemade Turkey Meatballs
served with mashed potatoes & gravy

**Veggie Burger*

Thursday

Beef & Broccoli Stir Fry
Served over rice

**Cheese Stick*

Friday

Chicken Nuggets served with rice & carrots

**Spinach Nuggets*



*Lunch is accompanied by milk and water.
The lunch menu is subject to change due to availability.*